

# **"Finding True Relationships in Today's World!"**

*"How does one become a butterfly" she asked.*

*"You must want to fly so much that you are willing to give up being a caterpillar." – Trina Paulus, 'Hope for the Flowers'*

When: February 20, 2011  
Sunday 10:00am – 5:00pm  
**Registration is at 9:30am**

Presenter: Jacqueline M. Sitte, RN, CARN, LADC I

Where: Espousal Retreat Center, Waltham. MA

*God has called us to be His body. He does not want us to walk this journey alone. He sent out his disciples two by two. We are his disciples! The first step is to renew our relationships with ourselves, with God, and in so doing, others will come. This day will grant us a launching pad to expand our connection with our world & those who God puts into our paths.*

*This can be a day of new beginnings!!! A day of increased awareness, reflecting on our current reality, attending to our "present" moments, & a deep desire for continued growth thru the Holy Spirit.*

Jackie Sitte, RN, CARN, LADC I, LRC is a Psychotherapist in Private Practice and Chair: Spiritual Life Committee & Ecumenical Relations for ACT [Association of Christian Therapists.] Well known Retreat Master & Workshop Presenter locally & across the USA

*Offering: \$45 (includes lunch)*

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**Finding True Relationships**

**February 20, 2011**

To reserve, please complete and return with a deposit of \$15.00 check or money order to Espousal Retreat House, 554 Lexington St. Waltham, MA 02452. Phone: 781-209-3120 E-Mail: espousaladmin@gmail.com

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_