

Day of Healing

Healing Anxiety and Depression

When: April 17, 2011
Sunday 10:00am – 5:00pm
Registration is at 9:30am

Presenter: Dr. Joseph Coyle, Christian Psychologist

Where: Espousal Retreat Center, Waltham. MA

Whether mild or severe, anxiety and depression affect both mind and spirit and can be a significant barrier to health and wholeness. This day will focus on a better understanding of anxiety and depression, on alleviating symptoms through psychological means, and on healing root causes through prayer.

The day will include teaching, inner healing prayer, reflection time, Mass, small groups and lunch.

Offering: \$45(includes lunch)

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To reserve, please complete and return with a deposit of \$15.00 check or money order to Espousal Retreat House, 554 Lexington St. Waltham, MA 02452. Phone: 781-209-3120 E-Mail: espousaladmin@gmail.com.

Name _____

Address _____

Phone _____ E-Mail _____